

# Dressing Guide

for adults and children

Within the studio is a selection of outfits ranging in sizes newborn up to 2T. These options have been curated with the backdrops, props, and most common suggested colors in mind. When choosing coordinating outfits for the rest of the family it's best to pick between one and three colors and have all outfits within that same palette.

Common colors include grey, cream, light-brown, grey-blue, blush pink, sage green and lilac. Please stay away from bright colors such as red, yellow, and hot pink as well as any logos or busy prints. It's also good to minimize jewelry, remove watches, have subtle nailpolish and natural makeup. The less distraction, the better! This will keep the attention on your face and your sweet baby.

If this is for a newborn session, please be aware that the studio will be heated to between 78 and 80 degrees. So lightweight, comfortable clothing is best.



*Women*

When looking for an outfit for a woman to wear, pick something that is form-fitting, and feel free to expose as much skin as you feel comfortable with. Great options are a summer dress or feminine blouse. Anything from the hips and downward will most likely not be included in the photo, so footwear won't matter.



*Men*

Many of the same rules apply to men as do women. Form fitting, simple shirts with as much skin showing as possible is ideal. Some men may even feel comfortable doing some poses without a shirt. A nice t-shirt or henley with jeans is most popular.



*Girls*

Unlike adults, children might be photographed while on the ground, holding or sitting next to the baby. Their feet and legs might show, so it is important what they're wearing. That being said, the best look is barefeet! A sweet, fluffy dress or skirt works nicely. They might also be photographed laying down, so it's a good idea to test that position.



*Boys*

Just like girls, boys will likely be photographed sitting or laying down next to the baby. So keeping that in mind, the best look for boys tends to be shirtless or, a nice, plain t-shirt and jeans or trousers. If you'd like to add a cute factor, you might dress it up a bit with suspenders or a bow-tie.